



This list was created on 13/9/19. For more detail, and the most up to date entries, please look on the Local Autism Directory - https://www.autismhampshire.org.uk/local-autism-directory/

After School Youth Club at The Hub, Eastleigh

Monday - Friday, school end until 6pm for boys and girls aged 8-14

Contact:

The Hub, Eastleigh, Hampshire, SO50 6LA

02380 647090

thehub@youthoptions.co.uk

https://www.facebook.com/hubeastleigh/

Alex Kelly Ltd Including Speaking Space Day Service and Talkabout Social Groups

Specialising in communication for people with a learning disability or autism

Contact:

Alex Kelly Ltd, Romsey, Hampshire, SO51 8ED

02380 987134

office@alexkelly.biz.

http://alexkelly.biz/

Allsorts Youth Club

Youth club for 11-18 year olds with disabilities

Contact:

Romsey Baptist Church, Bell Street, Test Valley, Romsey, , SO51 8GW

01794 500581

youthinromsey.yir@gmail.com

http://yir.org.uk/youth-clubs-2/

Andover and District Mencap

Contact:

The Wellington Centre, Winchester Road, Andover, Hampshire, SP10 2EG





01264321840

enquiries@andovermencap.org

https://andovermencap.org/

Autism Support and Advice - Portsmouth

Free service for raising awareness of autism and Asperger's syndrome

Contact:

07954404184

Pirates_are_cooler_than_ninjas@hotmail.co.uk

http://www.autismsupportandadvice.wordpress.com/about/

Barn Tots SEN Group, Basingstoke

For children under 5 with disabilities and/or additional needs

Contact:

Four Lanes Room, Viables Community Centre, Basingstoke, Hampshire, RG22 4BJ

01256 473634

office@viables.org.uk

https://www.familiesonline.co.uk/local/north-hampshire/whats-on/viables-community-centre--

barn-tots-sen-61197

Disability Sport Club, Portsmouth

Multi-sports club for children aged 4 plus with a disability

Contact:

Mary Rose Academy, Southsea, Portsmouth, Hampshire, PO4 8GT

08009 997768

https://www.planeteducation.co.uk/news-blogs/56-disability-sport-club-a-huge-success-at-maryrose-academy

Eastleigh Disability Leisure Access Group (EDLAG)

Free service helping people with a disability access sports and leisure

Contact:

For Children



https://www.eastleigh.gov.uk/sport-health-parks-and-open-spaces/sport-and-health/sportworks/disability-sport

Enable Ability - For Portsmouth and the Surrounding Area

Independent charity for the care, welfare and advancement of disabled people

Contact:

311-313 Copnor Road, Portsmouth, Hampshire, PO3 5EG

02392 671846

richard@enableability.org.uk

http://www.enableability.org.uk

Enable Ability Multi-Sports Club

For those aged between 5-25 years old with mild to moderate disabilities

Contact:

311-313 Copnor Road, Portsmouth, Hampshire, PO3 5EG

07429596822

pals@enableability.org.uk

Friends Of In Touch, Eastleigh

Supporting emotionally and socially vulnerable children and young people with autistic spectrum conditions, and behaviours associated with them

Contact:

Y-Zone Youth Centre, Eastleigh, , SO50 8RB

07474 539539

info@friendsofintouch.org.uk

http://www.friendsofintouch.org.uk

GO! Club and Mini's

Activity clubs for children and young people aged 3 to 7 and 8 to 18 years with additional needs or disabilities in Hampshire

Contact:





01256 636288

contact@greatopportunities.org.uk

http://www.greatopportunities.org.uk/clubs-and-events-2/

Gosport Access Group and Disability Forum (GAGDF)

Helping Gosport to be as inclusive and accessible as possible to all visitors and residents regardless of any disability or impairment

Contact:

The Day Room, Gosport, Hampshire, PO12 2LZ

07847 228394

gosportaccessgroup@hotmail.co.uk

http://www.gosportaccessgroup.org.uk/

Hampshire Autism Voice (HAV)

Group for parent, carers and people with autism established within the Hampshire Autism

Partnership Board (HAPB)

Contact:

07480 615037

http://www.hampshireautismvoice.org.uk/

Healthwatch Hampshire

Your spotlight on local services

Contact:

Healthwatch Hampshire, Unit 12, Winchester, Hampshire, SO23 0LD

01962 440 262

enquiries@healthwatchhampshire.co.uk

http://www.healthwatchhampshire.co.uk/

John's Club - Isle of Wight

Supporting people with disabilities in the community on the Isle of Wight





Contact:

John's Club, 67a High Street, Shanklin, Isle of Wight, PO37 6JJ

07702 340 193 / 01983865865

john@johnsclubiow.org

https://www.johnsclubisleofwight.com/

Mencap Southampton

Working for children, young people and adults with learning disabilities

Contact:

Southampton Mencap, , Southampton, Hampshire, SO17 2NF

023 8058 4088

admin@southamptonmencap.co.uk

http://www.southamptonmencap.org/what-we-do/

Mixed Ability Rugby

For Children and Adults Over 13 with Autism, Learning Difficulties and/or Physical Disabilities at

Chobham Rugby Club in Surrey

Contact:

Fowlers Wells, Chobham, Surrey, GU24 8LD

07808 630053

mike.oregan@waitrose.com

https://chobhamrugby.co.uk/teams/mixed-ability-rugby/

National Autistic Society (NAS) South Hampshire Branch Social Groups

Social groups for children and adults with Asperger's or autism

Contact:

St Patrick's Church Hall, Woolston, Hampshire, SO19 9BD

023 8043 2612 or 07532 282301

southampton@shantsnas.org.uk

http://www.shantsnas.org.uk/Home/Sholing





National Autistic Society - Isle of Wight Branch

Providing support, information and guidance for adults/children and their families

Contact:

Riverside Centre The Quay, Newport, Isle of Wight, PO30 2QR

07827 308768

isleofwight@nas.org.uk

https://www.autism.org.uk/directory/resources/12630.aspx

No Worries - Free Forum

For people with social phobia and anxiety issues

Contact:

http://www.noworries.freeforums.net/

Owen's Party CIC

Hosting autistic-centric children's parties

Contact:

Priory Park Community Centre, Upper Brook Drive, Locks Heath, Southampton, Hampshire, SO31 6PT

07527387558

owensparty@hotmail.com

http://www.owensparty.co.uk

Portsmouth City Council Family Hubs

Services to support families, including children and young people up to 19

Contact:

023 9268 8830

fis@portsmouthcc.gov.uk

https://www.portsmouth.gov.uk/ext/learning-and-schools/pre-school/childrens-centres.aspx





Portsmouth Disability Forum (PDF)

Promoting care, welfare, interest, education and advancement for disabled people and their families

Contact:

Frank Sorell Centre, Southsea, Hampshire, PO4 9HR

02392 815266

contact@p-d-f.org.uk

http://www.p-d-f.org.uk/en/

Respectability Inclusive Sports Club, Portsmouth

Sports club for young people aged 10-19

Contact:

Eastney Community Centre, Portsmouth, Hampshire, PO4 9SU

02392 752900 or 07930 256752

charlottebishop@psef.org.uk

https://www.rushmoor.gov.uk/CHttpHandler.ashx?id=9996&p=0

Rose Road Association Bradbury Saturday Stay & Play Family Coffee Morning Club, Southampton

Group for families with children with disabilities and additional needs, aged 3-16

Contact:

Bradbury Centre, Southampton, Hampshire, SO16 5NA

Claire Headington on 02380 721234 or 07823 353887

claireheadington@roseroad.org.uk

https://www.exeterhouseschool.co.uk/wp-content/uploads/2016/07/Activities-in-your-area.pdf

Scarf (Supporting Special Children and their Relatives and Friends) – Parent led Charity Covering the New Forest Area

Organises regular term-time clubs (multi sports, drama and youth club) and holiday activities for children and young people with special needs (age 0-25) and their families.

Contact:

07874 221249





scarfnewforest@gmail.com

http://www.scarfnewforest.org

Starlight ASD (Autism Spectrum Disorder) Support - Portsmouth

A learning made fun support group

Contact:

77 Binsteed Road, Portsmouth, Hampshire, PO2 7PJ

Contact: Jenn Davies Tel: 0777 766 5546

jenn@starlightasdsupport.co.uk

http://www.starlightasdsupport.co.uk/

The Friday Night Project, Hedge End

Youth project for young people (11-21) with ASDs, (Autism Spectrum Disorder) LDs, (Learning

Disabilities) and/or mild to moderate physical difficulties.

Contact:

The Community Hub, Southampton, Hampshire, SO30 4EJ

01489 789638/ 07534563424

Donna.brewer@hedgeend-tc.gov.uk

https://fish.hants.gov.uk/kb5/hampshire/directory/service.page?id=zbwwBoA4in0

The King's Arms - Youth Clubs

Social groups for 11-18 year olds with additional needs (mostly autism)

Contact:

The King's Arms, Petersfield, Hampshire, GU31 4DX

01730 231292

victoria@thekingsarms.org.uk

http://thekingsarms.org.uk/what%20we%20do.html

THE ZONE! - Farnborough

After school, Saturday and teen events





Contact:

THE-ZONE!, Farnborough, Hampshire, GU14 8SS

07860806179

info@the-zone.org.uk

https://www.the-zone.org.uk/events

Treasure Trove at King's Community Church

Church group for children with additional needs in Hedge End

Contact:

King's Community Church,, Hedge End, Hampshire, SO30 4BZ

01489 784333

rosie.swift@kccsouthampton.org

https://www.kccsouthampton.org/kids