

Autism and Health Project

Volunteer Specification

		Essential	Desirable
A	Qualifications		
B	Background and competency		
	<ul style="list-style-type: none"> Supporting people with additional needs 		X
	<ul style="list-style-type: none"> Able to apply Person centred approach at all times 	X	
C	Knowledge		
	<ul style="list-style-type: none"> Autism and other Spectrum Disorders 		X
	<ul style="list-style-type: none"> Understand sensory sensitivity (hyper and hypo) 		X
	<ul style="list-style-type: none"> Confidentiality 		X
	<ul style="list-style-type: none"> Safeguarding 		X
	<ul style="list-style-type: none"> Equality and Diversity 		X
	<ul style="list-style-type: none"> Health and Safety 		X
	NB: additional training will be given in these areas if required		

		Essential	Desirable
D	Skills		
	<ul style="list-style-type: none"> Can understand and support individuals, in a way that enables and empowers them 	X	
	<ul style="list-style-type: none"> Can advocate when necessary, using a person centred approach 	X	
	<ul style="list-style-type: none"> Can create a calm, welcoming environment 	X	
E	Qualities		
	<ul style="list-style-type: none"> Reflect HEART Values in your volunteering role 	X	
	<ul style="list-style-type: none"> Passionate about inclusion and helping others 	X	
	<ul style="list-style-type: none"> Enthusiasm 	X	
	<ul style="list-style-type: none"> Positive approach 	X	
	<ul style="list-style-type: none"> Reliable 	X	
	<ul style="list-style-type: none"> Can maintain confidentiality 	X	
F	Other		
	<ul style="list-style-type: none"> Access and confident to use email and/or telephone 	X	
	<ul style="list-style-type: none"> To be able to travel independently to/from community activities/venues 	X	
	<ul style="list-style-type: none"> Ability to use IT to a level to support others 		X