

Flu Vaccination





The flu is a virus that can make you feel unwell.



Having the flu vaccine is one way to protect yourself from the virus.



The flu vaccine is given out by the NHS.



You can have the flu jab at a GP surgery.



You can have the flu jab at a pharmacy.



You can ask someone you trust to support you with getting the flu vaccination.



Further information can be found at www.nhs.uk/conditions/flu/.