

Page 1 - Serendipity Community Groups

Group Name	When	Frequency	In Person or Online
Portsmouth Group	Monday, 5pm - 7pm	Every other week	In person
Basingstoke Group	Monday, 1:30pm - 3:30pm	Once a month	In person
St James Park Group (Shirley, Southampton)	Tuesday, 11am - 1pm	Every other week	In person
Women's Online Group	Tuesday, 7:30pm - 9pm	Every other week	Online
Fareham Group	Wednesday, 10:45am - 12pm	Two times per month	In person
New Milton Group (New Forest)	Wednesday, 1pm - 3pm	Once a month	In person

If you would like further information on our groups,
 please contact: serendipity@autismhampshire.org.uk

Page 2 - Serendipity Community Groups

Group Name	When	Frequency	In Person or Online
Eastleigh Groups	Friday, 4pm - 6pm (Online) Friday, 3pm - 5pm (In Person)	Every week (Alternating between in person and online)	Online and in person
Winchester Craft Group	Sunday, 3pm - 4:30pm	Every other week	In person
Solent Group (Titchfield)	Sunday, 6:30pm - 8:30pm	Every week (with one break)	In person
Swanmore Group (coming soon)	TBC	Twice a month	In person
Bordon Group (coming soon)	TBC	Twice a month	In Person
Havant Group (coming soon)	TBC	Twice a month	In person

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Page 3 - Skills Groups

Group Name	When	Frequency	In Person or Online
Life Skills Through Drama	Monday, 1pm - 3pm	Once a month	In person
Southampton Art Group	Thursday, 3-5pm	Every other week	In person
Southampton Nature Based Group (Southampton City Farm)	Thursday, 10am - 12pm	Once a month	In person
Portsmouth Mental Health	TBC	Once a month	TBC
Southampton Mental Health	TBC	Once a month	TBC