

## Serendipity Community Groups

This leaflet tells you what our serendipity community groups do, who they are for, when the groups run, and how you can join.

### What do the Serendipity Community Group do?

Our Serendipity community groups are for adults diagnosed with autism. We accept self-diagnosis.



Groups are supportive and non-judgemental.

Anyone is welcome to join, even if you just come along and listen.



Some groups are online,

and some groups are in person.



All groups are run by a trained volunteer.

### Who are the Serendipity groups for?

For all autistic adults aged 18 +.

You can join any group, in any area that you wish.

## When are the Serendipity groups run?

The table below shows all the groups we have across Hampshire and when, where, and how often they run:

| Group Name   | When  | Frequency  | In Person or Online   |
|--|---|--|-----------------------|
| <b>Portsmouth Social Group</b>                               | Monday, 5pm - 7pm   | Every other week   | In person             |
| <b>St James Park Social Group<br/>(Shirley, Southampton)</b> | Tuesday, 11am - 1pm   | Every other week   | In person             |
| <b>Women's Online<br/>Social Group</b>                       | Tuesday, 7:30pm - 9pm                                       | Every other week   | Online                |
| <b>Fareham Social Group</b>                                  | 1st and 3rd Wednesday of<br>the month, 10:45am - 12pm       | Two times per<br>month   | In person             |
| <b>New Forest Social Group</b>                               | Once a month on Wednesday<br>1pm - 3pm                      | Once a month   | In person             |
| <b>Serendipity Art Group<br/>(Southampton)</b>               | Thursday, 3pm - 5pm   | Every other week   | In person             |
| <b>Eastleigh Social Group</b>                                | Friday, 4pm - 6pm (Online)<br>Friday, 3pm - 5pm (In Person) | Every week<br>(Alternating<br>between In person<br>and online) | Online &<br>In person |
| <b>Winchester Craft Group</b>                                | Sunday, 3pm - 4:30pm  | Every other week   | In person             |
| <b>Lee on the Solent<br/>Social Group</b>                    | Sunday, 6:30pm - 8:30pm                                     | Every week   | In person             |

## How do I join a Serendipity group?

To join a Serendipity social group, you will need to register as a member.

There are 3 ways you can complete the registration form:

1. Our online form:

<https://forms.office.com/e/g1QAmYAg2G>



2. Email.

Please email  
[serendipity@autismhampshire.org.uk](mailto:serendipity@autismhampshire.org.uk)  
& ask for a registration form.



3. Over the phone (if you don't have access to a computer).

Please call IAG on 02380 766162.

